

## Reach Out: Build a Team

I need to know what to do in an emergency.

I will:

I need safe shelter.

I will:

I need counselling or support.

I will:

I need legal advice.

I will:

I have been the victim of a crime.

I will:

I need financial assistance.

I will:

I need medical care.

I will:

I need child care or school resources.

I will:

I need to stay active and take care of myself.

I will: