

Financial Assistance and Employment:

- Your bank is also an important resource that can help you take steps to protect your financial resources, such as closing shared credit cards or removing your name from joint accounts.

| Resource | Services | Good to Know |
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| BC Employment and Assistance Program (Income Assistance) iaselfserve.gov.bc.ca 1-866-866-0800 | Online applications for income assistance. If you are in financial need and have no other resources, you may be eligible. | |
| Credit Counselling Society nomoredebts.org 1-888-527-8999 | Free credit counselling, bankruptcy help, and debt consolidation options. | |
| British Columbia Responsible & Problem Gambling Program bcresponsiblegambling.ca 1.888.795.6111 | 24/7 problem gambling helpline. Also offers counselling services. Free of charge. | |
| SHARE Family and Community Services Society Food Banks sharesociety.ca 604-931-2451 | Distributes food to people in need who reside in Anmore, Belcarra, Coquitlam, Port Coquitlam, and Port Moody. | Requires proof of local address, income information, and identification for all members of the household (carecard, driver's license, or passport). |
| Disability Alliance BC disabilityalliancebc.org 604-875-0188 | Help with Persons With Disability benefit applications, Canada Pension Plan Disability applications, and help with reconsiderations of decisions. | |
| Work BC Employment Services Centre (Port Coquitlam) workbc.ca 778-730-0171 | Job search tools, resources, and assistance. Work BC has multiple locations in the Tri-Cities area. | The Port Coquitlam Work BC office is at 2540 Shaughnessy Street, Port Coquitlam. |
| Work BC Employment Services Centre (Coquitlam/Lincoln) workbc.ca 778-730-0174 | Job search tools, resources, and assistance. Work BC has multiple locations in the Tri-Cities area. | The Coquitlam Work BC office on Lincoln is at 3030 Lincoln Avenue, Coquitlam. |
| Work BC Employment Services Centre (Coquitlam/North Road) workbc.ca 604-424-9510 | Job search tools, resources, and assistance. Work BC has multiple locations in the Tri-Cities area. | The Coquitlam Work BC office on North Road is at 202 North Road, Coquitlam. |
| Skills Connect for Immigrants skillsconnectbc.com 604-298-4720 | Networking and job search help and English-language skills improvement. | Services for permanent residents who have arrived in Canada in the past five years and have |

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| 1-866-298-4757 | | intermediate or advanced English skills. |
| Crime Victim Assistance Program (CVAP) www2.gov.bc.ca 604-660-3888 1-866-660-3888 | CVAP assists victims, immediate family members and some witnesses in coping with the effects of violent crime. It provides financial benefits to help offset financial losses and assist in recovery. | Benefits for victims of crime include funding for medical and dental services, prescription drug expenses, counselling, protective measures, and replacement of damaged eyeglasses, clothing, and disability aids. |
| SUCCESS Employment Services 604-468-6007 (Tri-City Centre) 604-474-3140 (Port Coquitlam Centre) | A culturally diverse service team providing career development guidance services for all job seekers. Multiple programs focusing on job skills training, certification, and placement. | Includes the Youth Employment Program (YEP), which targets youth age 15-30 such as single parents, recent immigrants, individuals that did not complete high school and those facing other barriers to employment. |