





## A CUP OF COFFEE

## BUILD YOUR CONNECTION

DROP-IN GROUP

**Date: Every Thursdays** 

Time: 5:30 pm to 6:30 pm

Location: 402-2071 Kingsway Avenue Port Coquitlam, BC,

**V3C 6N2** 



An open drop-in group for women to support each other with motivation and connection.

This group provides a safe space for you to:

- Share your opinions and experiences
- Develop your resources in the community
- Develop your confidence
- Discuss common concerns

## **Registration required**

(Please call ahead to confirm)

To register or for additional information please contact:

Banafsheh Sadeghi (Bani), Stopping the Violence Counsellor

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